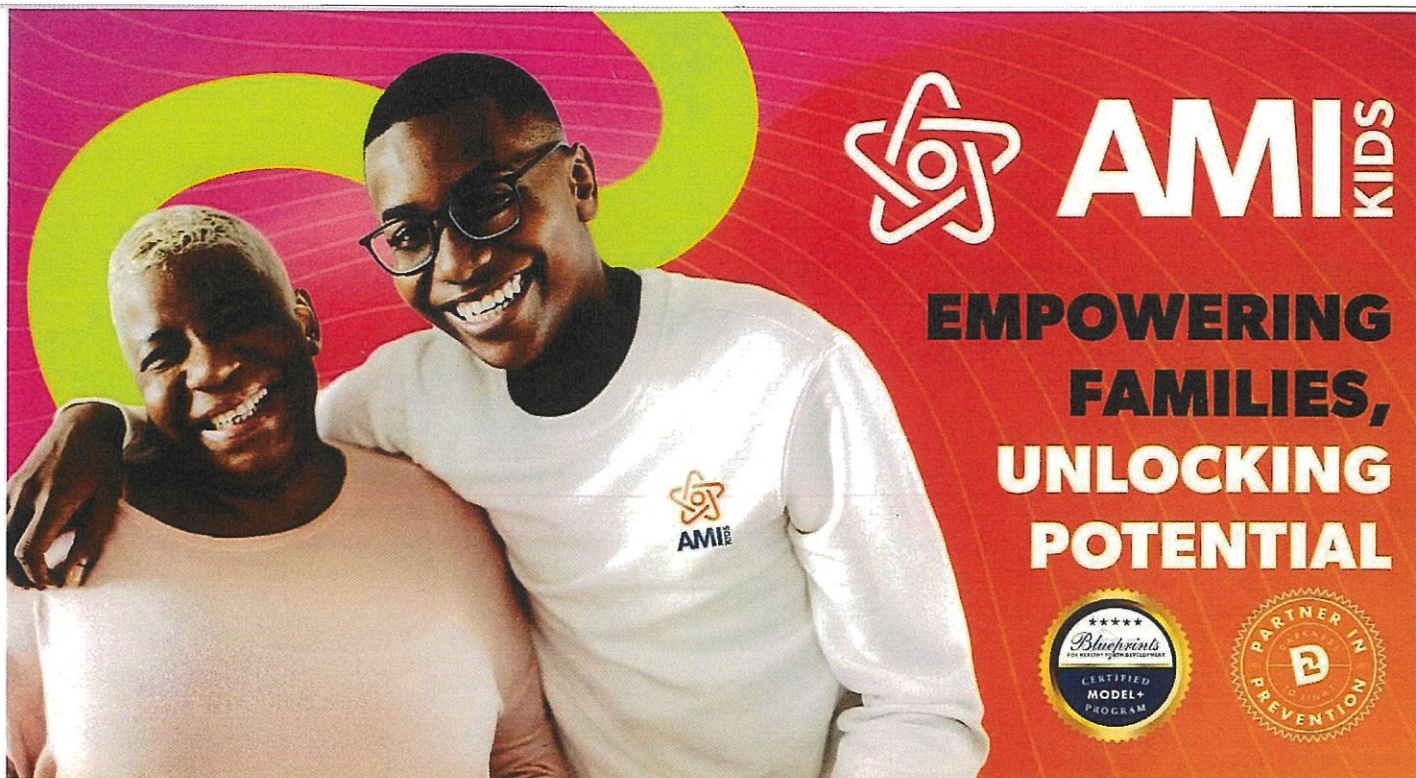




AMIKIDS AL FAMILY SERVICES | FUNCTIONAL FAMILY THERAPY (FFT)

At AMIkids Alabama Family Services, we're more than just a counseling program—we're a catalyst for lasting change. Through evidence-based programming, Functional Family Therapy (FFT), we work to strengthen families and build safer, more resilient communities across the state. This intensive, home-based model assesses and addresses family dynamics that may be impacting the youth's behaviors, decision making and emotional health.

WHAT IS FFT?

Functional Family Therapy (FFT) is an internationally recognized, short-term, in-home counseling model that helps youth and their families overcome challenges like delinquency, substance abuse, and violence. By strengthening relationships, improving communication, and promoting healthy decision-making, FFT builds a stronger foundation for emotional well-being.

AREAS WE SERVE

Montgomery, Lowndes, Butler, Covington, Crenshaw, Pike, Escambia, Wilcox, and Conecuh County (funding in these counties are covered through DYS multi county FFT Grant).

Jefferson, Shelby (funding in these counties are covered through a collaborative grant between DHR, DMH, and DYS).

KEY PROGRAM BENEFITS

- **Nationally recognized** for addressing delinquency, substance use, and violence.
- **Master's-level counselors available 24/7**, providing culturally responsive, strength-based support.
- **Improve family relationships** and reduce conduct problem.
- **Decrease out-of-home placements** and prevent recidivism.
- **Maintain youth enrollment** in educational programs and prevent sibling court involvement.

Visit our website today to discover how AMIkids AL Family Services can help your family thrive!

CONTACT

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