



New Mt. Moriah Baptist Church  
WOW Bible Study  
August 10, 2022  
Pastor Mike

21 DAYS of PRAYER: **RESET**



## **RESET MY HEART!** **JAMES 1:21-25**

**Introduction:** Many people in this country suffer from it. The cost of preventing it ranges in the billions in the U.S. alone. Much money is spent on it. What is it? It's **heart disease**. Likewise, our world is suffering immensely not only from heart problems physically but even more so spiritually. It even affects believers and the remedy is a **RESET!**

1. **IDENTIFYING THE HEART:** *THE CORE OF OUR BEING, THE CENTER OF OUR INNER LIFE*; MATTHEW 22:37; PROVERBS 4:23; MATTHEW 15:18-20
2. **ISSUES WITH THE HEART:**
  - A. CONGENITAL ISSUES- JEREMIAH 17:9
  - B. CAUSED BY BAD DIET
  - C. COMPLICATED BY LACK OF EXERCISE

**Tonight's Take-Away:** God has a **remedy** that can reset the rhythm of my heart!

- I. Get **RID** OF THE WRONG vs. 21a "Filth" = Earwax
  - A. Through **Confession** 1 John 1:9
  - B. By **Clearing** out the Clutter Ephesians 4:31-32; 1 Peter 2:1
- II. Make **ROOM** FOR THE WORD vs. 21b "Humbly accept" = Welcome
  - A. Be **Careful** vs. 19a "Swift to hear, slow to speak"
  - B. Be **Calm** vs. 19b "Slow to get angry"
  - C. Be **Compliant** vs. 21b "Humbly accept"
- III. Determine to **RESPOND** THE RIGHT WAY vs. 22 "Be doers of the Word"  
*Without Application, there can be no spiritual Transformation*
- IV. Keep **REGULAR** Workouts vs. 25 "Looks intently and continues in it"  
*We must Workout in the Word not casually, or infrequently, but intently!*

**#MMOTM- MT. MORIAH IS ON THE MOVE!**

**Three Ways to Give:** 1. Text Newmtmoriah to 77977; 2. Give online [www.newmtmoriahmbc.org](http://www.newmtmoriahmbc.org); 3. Drop your offering in the drop-box at the church.